BUCS GYMNASTICS MEN’S RULES 2025 – LEVEL 2

#

The FIG Code of Points for 2025-2028 will be used for the BUCS MAG Level 2 competition. **You are strongly recommended to read this new code which is available on the FIG website at https//www.gymnastics.sport/site/rules/#2**

The following exceptions to the above code will apply:-

**Floor** A multiple salto element is not required, either within the routine or as a dismount.

All previous code values for twisting e.g Straight back salto with 1/2 twist B and Straight back salto with 1/1 twist B – can be used in same exercise for value:

|  |  |  |
| --- | --- | --- |
| **Element** | **Value** | **EGR** |
| Tempo salto (Whip back) | B value | Gp III |
|  Straight back salto | B value | Gp III |
| Straight back salto 1/2 | B value | Gp III |
| Straight back salto 1/1 | B value | Gp IV |
| Straight back salto 3/2 | C value | Gp IV |
| Straight back salto 2/1 | C value | Gp IV |
|  |
|  Straight front salto | B value | Gp II |
| Straight front salto 1/2 | B value | Gp II |
| Straight front salto 1/1 | C value | Gp IV |
| Straight front salto 3/2 | C value | Gp IV |

**Rings** No -0.3 deduction if swing to handstand is not performed

 No requirement for a B swing to break up strength sequences.

**Vault** Two vaults may be performed with the best one counting. There is no deduction for repeating the same vault

**General**

A supplementary list of A parts not contained within the FIG code may be used to satisfy element group requirements.

No Bonus will be awarded for stuck landings.

A maximum of 8 elements may count for difficulty (including the dismount). A minimum of 6 elements is needed to avoid a deduction for a short routine.

|  |
| --- |
| Short Routines Deductions: |
| 5 elements  | ND | -3.0 |
| 4 elements | ND | -4.0 |
| 3 elements | ND | -5.0 |
|  2 elements | ND | -6.0 |
| 1 element | ND | -7.0 |

Supplementary list of ‘A’ Parts

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Element Group** | **1** | **2** | **3** | **4** |
| **Floor** | **Non-acrobatic elements** | **Acrobatic elements forward** | **Acrobatic elements backward & Arabian elements** | **Single saltos with twists** |
| Backward roll to handstand straight arms |  |  |  |
| **Pommel Horse** | **Single leg swings and scissors** | **Circle & flairs, with and/or without spindles, handstands, Kehrswings, etc** | **Travel type elements** | **Dismounts** |
| ½ scissor (one only either fwds or bwds) |  |  |  |
| **Rings** | **Kip and swing elements & swings through or to handstand** | **Strength elements and hold elements** | **Swing to Strength hold elements** | **Dismounts**Tucked salto |
| Muscle upTucked top planche (2s) |
| **Parallel Bars** | **Elements starting in upper arm position** | **Elements in support or through support on 2 bars** | **Long swings in hang on 1 or 2 bars and underswings** | **Dismounts** |
| Back uprise to support | Stutz to 45° | Moy to upper arm | salto tucked. Also from long hang |
| **Horizontal Bar** | **Long hang swings with and without turns** | **Flight elements** | **In bar and Adler elements** | **Dismounts** |
| Swing forward and half turn to handstand\* |  | Stoop/straddle on & off backwards | Tucked salto |

\*no deduction for element not continuing in intended direction