

UNIVERSAL GYM

Gym Members – Frequently Asked Questions

What membership do I need to access this scheme?

You need to make sure that you take your gym membership out at your institution of study or work to access this scheme. Please check with your institution which memberships they are offering on this scheme, as it may vary between institution. This could include those on monthly, termly, and annual memberships.

How do I get a UNiversal Gym membership?

Please follow the help guides videos:

<https://www.bucs.org.uk/universalgym/gym-members.html>

Is this membership available to university staff too?

Yes, absolutely!

Are sessions available all year round?

The minimum standards for institutions to partake in the scheme, is for them to offer availability outside of term time. Many institutions do offer sessions across the year, which may be limited, so we recommend checking via BUCS Play prior to attending.

What do I need to do when accessing other university facilities?

There are a few simple things you need to do when visiting another gym:

- Make sure you have a UNiversal Gym membership through your university of study or work.
- Follow the help guides on how to book a UNiversal Gym session. This is found here: <https://www.bucs.org.uk/universalgym/gym-members.html>
- Please ensure you read the universities description for any T&Cs prior to booking/arriving for your session.
- When you arrive, speak to a gym staff member, and let them know you are part of the UNiversal Gym membership scheme. They can then book you in for your session, either via the QR code or confirmation e-mail.
- If it is your first visit, you may be asked to complete a Health Commitment Statement and gym induction.

The most important thing to remember is where applicable to book your session via BUCS Play prior to arrival. All availability and details will be listed on the specific universities UNiversal Gym community page.

When does the membership run from?

The scheme runs from 1st October 2024 – 28th September 2025. This is a fixed period, regardless of the date you start your membership.

Does it matter where I get my gym membership from?

Your gym membership must be taken out at your institution of study or work to gain access to this membership scheme.

Why can I not access some of the institutions on the list?

There may be restrictions in place, where there are institution gyms in proximity.

If your institution of study or work is within proximity to another facility then you may not be able to get access through this scheme. This is to help prevent gyms with potential overcrowding. Please ensure you check individual institution restrictions and read their descriptions on their BUCS Play UNiversal Gym community page!

How do I know which facilities I can access through the scheme?

All UNiversal Gym sessions can be found via the search tab on BUCS Play and searching Gym Sessions.

My institution is NOT currently listed as being part of the scheme, can I still access the UNiversal Gym membership?

Unfortunately, not. Your institution must be part of the scheme for you to be able to access this membership.