

## FIG COP 2025-2028 (CYCLE 16) - VAULT (SECTION 10) - BG WTC July 2024

### 2.1.2 Warm up Teams & Individual Groups

All Around Final, Team Final & Apparatus Final: 2 attempts only *(includes jump on salto off)*

Qualification to Apparatus Final: maximum of 3 attempts

- 10.4 Bonus of 0.20 awarded for performing 2 vaults with saltos in different directions (bwd/fwd) in 2<sup>nd</sup> flight phase**  
**Must be performed without a fall. Bonus added to Final score (average of 2 vaults)**  
**'Cuervo' type vaults considered with salto in fwd direction**

Faults		0.10	0.30	0.50 or more
<b>10.4.1 CORRIDOR MARKINGS - D PANEL</b>				
- Land or step outside with 1 foot/hand (part of foot/hand)		X		from FS
- Land or step outside with 2 feet/hands (part of feet/hands) or body part			X	from FS
<b>10.4.2 SPECIFIC APPARATUS DEDUCTIONS - D PANEL</b>				
- More than 25m run distance				0.50 from FS
- Run approach without performing Vault - empty run (if not touched springboard/table)				1.00 from FS
<ul style="list-style-type: none"> <li>• when 1 vault required, 2<sup>nd</sup> run approach permitted with deduction, 3<sup>rd</sup> not allowed</li> <li>• when 2 vaults required, 3<sup>rd</sup> run approach permitted with deduction, 4<sup>th</sup> not allowed</li> </ul>				of Vault performed
- Support (repulsion phase) with only 1 hand				2.00 from FS
<b>10.4.3 INVALID VAULTS</b>				
- Vault executed without a support phase (neither hand touches the table)				0.00
- Failure to properly use the safety collar for round-off entry vaults				recorded by D panel
- Spotting assistance during the vault				No evaluation by E panel
- Failure to land on feet first				Video review by D panel & AS
- Vault so poorly executed it cannot be recognised, or gymnast pushes from table with feet				
- Gymnast performs a prohibited vault (straddled legs, prohibited pre-element before board, intentionally lands in side position)				
- First vault is repeated for second vault in Qualification for Final or in Vault Final				
<b>10.6 SPECIFIC APPARATUS DEDUCTIONS - E PANEL</b>				
<b>First Flight Phase</b>	- For missing degrees of the LA turn during flight phase			
	<ul style="list-style-type: none"> <li>• Gr 1 with ½ (180°) turn</li> <li>• Gr 3 with ¼ (90°) turn</li> <li>• Gr 4 with ¾ (270°) turn</li> <li>• <b>Gr 5 with ½ (180°) turn</b></li> <li>• Gr 1 or 2 with 1/1 (360°) turn</li> </ul>	≤45°	≤90°	
		≤45°	≤45°	
		≤45°	<b>≤45°</b>	>90°
		≤45°	≤90°	
<b>Support Phase</b>	- Poor technique			
	<ul style="list-style-type: none"> <li>• <b>Body alignment</b> (Hip angle/Arch)</li> <li>• Bent knees</li> <li>• Leg or knee separations</li> </ul>	X	X	X
		X	X	
		X	X	
<b>Second Flight Phase</b>	- Poor technique			
	<ul style="list-style-type: none"> <li>• Staggered hand placement Gr 1, 2 &amp; 5</li> <li>• Bent arms / Shoulder angle</li> <li>• Failure to pass through vertical</li> <li>• Prescribed LA turn begun too early <i>(on the table)</i></li> </ul>	X	X	X
		X		
		X		
	- Excessive snap	X	X	
	- Height	X	X	X
	- Body position			
	<ul style="list-style-type: none"> <li>• Exactness of tuck/pike position in salto</li> <li>• Exactness of tuck/pike position in salto with twist</li> <li>• Body alignment in stretched salto</li> <li>• Body alignment in stretched salto with twist</li> <li>• Failure to maintain stretched body position <i>(piking too early)</i></li> <li>• Insufficient and/or late extension <i>(tuck/pike vaults)</i></li> </ul>	X	X	
		X	X	
		X	X	X
	- Bent knees	X	X	
	- Leg or knee separations	X	X	
	- Under-rotation of salto without a fall	X		
	<ul style="list-style-type: none"> <li>• With a fall</li> </ul>		X	
	- Distance <i>(insufficient length)</i>	X	X	
- Deviation from a straight direction	X			
- Dynamics	X	X		
<b>Landing Faults - See Section 9</b>				