

FIG COP 2025-2028 (CYCLE 16) - VAULT (SECTION 10) - BG WTC October 2024

<u>First Flight</u>	<u>Support Phase</u>	<u>Second Flight</u>	<u>Landing (Section 9)</u>
<ul style="list-style-type: none"> - Missing degrees of LA turn: <ul style="list-style-type: none"> • Grp 1 with ½ (180°) 1 3 • Grp 3 with ¼ (90°) 3 • Grp 4 with ¾ (270°) 1 • Grp 5 with ½ (180°) 3 • Grp 1 or 2 with 1/1 (360°) 1 3 5 - Poor technique: <ul style="list-style-type: none"> • Body alignment (Hip angle/Arch) 1 3 • Bent knees 1 3 5 • Leg or knee separations 1 3 	<ul style="list-style-type: none"> - Poor technique: <ul style="list-style-type: none"> • Staggered hand placement (Grp 1, 2, 5) 1 • Bent arms / Shoulder angle 1 3 5 • Failure to pass through vertical 1 • LA turn begun too early (on table) 1 3 	<ul style="list-style-type: none"> - Excessive snap 1 3 - Height 1 3 5 - Leg or knee separation 1 3 - Body position: <ul style="list-style-type: none"> • Exactness of tuck/pike in salto 1 3 • Exactness of tuck/pike in salto with twist 1 • Body alignment in stretched salto 1 • Body alignment in stretched salto with twist 1 3 • Failure to maintain stretched body (piking too early) 1 3 • Insufficient and/or late extension (tuck/pike vaults) 1 3 - Bent knees 1 3 5 - Leg or knee separation 1 3 - Under rotation of salto no fall: <ul style="list-style-type: none"> • With fall 3 - Distance (insufficient length) 1 3 - Deviation from straight direction 1 - Dynamics 1 3 	<ul style="list-style-type: none"> - Feet apart 1 - Extra arm swings 1 - Lack of balance 1 3 - Extra steps, slight hop (ea) 1 - Very large step or jump (ea) (guide: more than shoulder width) 3 - Body posture fault 1 3 - Deep squat 5 - Brushing/touching table/mat with hands but not falling 3 <p>If no fall, max landing deduction 0.80</p> <ul style="list-style-type: none"> - Support on mat/table with 1 or 2 hands 1.00 - Fall on mat to knees or hips 1.00 - Fall on or against table 1.00
<p align="center">D JURY (blue text)</p> <p>In Qualification to & in Apparatus Final</p> <ul style="list-style-type: none"> • 2 vaults must be from different groups 	<p>Bonus</p> <ul style="list-style-type: none"> • 0.20 awarded for performing 2 vaults with saltos in different directions (bwd/fwd) in second flight • Both vaults must be performed without a fall • Bonus added to Final Score (average of the 2 vaults) 		<p>LINE JUDGE</p> <ul style="list-style-type: none"> • Land or step outside corridor with <ul style="list-style-type: none"> • 1 foot/hand (part of) 1 • 2 feet/hands (part of) or body part 3
<p>Taken from Final Score of Vault performed:</p> <ul style="list-style-type: none"> More than 25m run 0.50 2nd run approach (1 vault) 1.00 3rd not permitted 3rd run approach (2 vaults) 1.00 4th not permitted Support (repulsion phase) of only one hand 2.00 	<p>Invalid Vaults 0.00</p> <ul style="list-style-type: none"> • No support phase • Spotting assistance • Fail to use safety collar for R.off entry • Fail to land feet first (sole of foot) • Unrecognisable Vault or gymnast pushes from table with feet • Prohibited Vault (prohibited pre-el before board, str. legs, intentional land side pos) • 1st Vault repeated for 2nd Vault in Qualification or Finals 		