

BUCS SWIMMING: SHORT COURSE CHAMPIONSHIPS 2024-25

ENTRY INFORMATION (INC. MEET CONDITIONS)

DATES

Friday 15 - Sunday 17 November 2024

VENUE ADDRESS

Ponds Forge International Sports Centre, Sheaf Street, Sheffield City Centre,

S1 2BP

ENTRY OPENING DATE

Tuesday 24 September 2024

ENTRY CLOSING DATE

Tuesday 15 October 2024 at 23:59 – Student/Competitor Deadline (Students / Competitors must apply by this deadline)

Thursday 17 October 2024 at 23:59 – Institution Administrator Approval Deadline (Institutional Administrators are given 48 hours after the student / competitor deadline to approve entries)

This competition will NOT operate a staged entry process. As such, please ensure all entries are submitted through BUCS Play prior to the closing date listed above.

ENTRY COSTS

Individual Events: £14.95

Relay Events: £27.20



EVENTS

50m Freestyle (Open/Male and Female)

100m Freestyle (Open/Male and Female)

200m Freestyle (Open/Male and Female)

400m Freestyle* HDW (Open/Male and Female)

800m Freestyle** HDW (Open/Male and Female)

1500m Freestyle** HDW (Open/Male and Female)

50m Breaststroke (Open/Male and Female)

100m Breaststroke (Open/Male and Female)

200m Breaststroke (Open/Male and Female)

50m Butterfly (Open/Male and Female)

100m Butterfly (Open/Male and Female)

200m Butterfly (Open/Male and Female)

50m Backstroke (Open/Male and Female)

100m Backstroke (Open/Male and Female)

200m Backstroke (Open/Male and Female)

100m Individual Medley (Open/Male and Female)

200m Individual Medley (Open/Male and Female)

400m Individual Medley* HDW (Open/Male and Female)

4 x 50m Freestyle Relay (Open/Male and Female)

4 x 50m Medley Relay (Open/Male and Female)

4 x 50m Mixed Medley Relay (Mixed)

Please find a copy of the programme of events under the events heading or the important documents heading on the <u>event page</u>.

*Entry Qualifying Time (EQT) applies

** Entry Qualifying Time applies & only the top 30 entrants will be accepted (800m & 1500m Free)
For the 800m and 1500m entry times will be verified by Swim England rankings for validity and may be rejected if validity cannot be approved.

TRANSGENDER POLICY

The BUCS Short Course Swimming Championships 2024 are required to adhere to the Swim England Transgender policy. As such, the categories available shall be 'Open' and 'Female'. For more information, please see the Swim England Transgender Policy.



The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

The BUCS category Open will be defined as Open/Male as is commonplace in all swimming events in the UK.

COMPETITION FORMAT

Heats

Heats will be swum in two pools, split Open/Male in one pool and Female in the other pool, so events are back-to-back.

Heat Sessions will be split into two sessions - A & B

The exact split will be determined by the overall number of entries and will be advised in the Event Information

For the 50/100/200 events and the Relays, the fastest heats will be in Session A followed by the remaining heats in Sesson B..

HDW events will have their fastest heat in the final session.

For the 800m & 1500m events the other heats will be swum in Heat Session B.

For the 400m events the other heats will be swum in Heat Session A.

Finals

There will be A & B Finals for all 50, 100, and 200m events.

There will be a C Final for all Relays.

The top 10 swimmers/teams will advance to A finals and the next 10 to the B final and the next 10 to the C final where a C final is run.

MEDALS & AWARDS

The top three swimmers/teams in each event including Para Events will receive medals according to the BUCS medal policy.

Awards will be made to the Open and Female Top Performers & Open and Female Top Para Swimmer Performers.

Institutions will score 'Swimming Points' and will be ranked and awards will be made to the highest ranked Open Team, Female Team & Overall Team.



Para Teams will be ranked, and an overall list will be published.

ENTRY ALLOWANCE & RESTRICTIONS

Individuals may enter up to a maximum of six individual events.

Institutions may enter up to ten eligible swimmers in each individual event and up to four relays.

It may become necessary to restrict entries if the entries exceed capacity. If required, rejections will be made after the closing date at the discretion of the BUCS Swimming Event Team. Should it be necessary to restrict entries, accepted entries will be prioritised based on entry time.

Up to a maximum of 30 entrants based on verified entry times will be accepted in the 800m Freestyle and 1500m Freestyle. Entrants are required to meet the event qualifying times or consideration times.

ENTRY QUALIFYING TIMES

The following Entry Qualifying Times (EQT) that swimmers must have achieved for the events over 200m:

EVENT	OPEN/MALE	FEMALE
400m Freestyle	05Min 30Sec 00Ms	06Min 00Sec 00Ms
800m Freestyle	09Min 45Sec 00Ms	10Min 30Sec 00Ms
1500m Freestyle	18Min 30Sec 00Ms	19Min 30Sec 00Ms
400m Individual Medley	05 Min 15Sec 00Ms	05Min 45Sec 00Ms

Entry time submitted for events with a qualification time must have been achieved in a competitive environment in the last **12 months** prior to the competition and may be verified against Swim England rankings. You may also be asked to verify your time on request prior to or at the event. Failure to validate your entry time may mean that you are not able to participate in the event or you may face disciplinary action or a fine if you swim outside of your entry time and slower than the Qualifying Time.

Entries by swimmers with times outside of these times will be rejected.



ENTRY CONSIDERATION TIMES

Please see below a list of consideration times for each event.

Entries will be rejected if a swimmer's time is slower than the time listed for that event.

Achieving the consideration time permits the entry to be made but does not guarantee that entry as entries may be restricted based on event capacity. If swimmers fail to achieve the consideration time at the event they will be fined if they cannot prove achieving the consideration time within 12 months of the event.

Event	Open/Male	Female
50 Free	00:30.00	00:34.00
100 Free	01:06.00	01:13.00
200 Free	02:25.00	02:40.00
400 Free	EQT	EQT
800 Free	EQT	EQT
1500 Free	EQT	EQT
50 Back	00:34.00	00:39.00
100 Back	01:10.00	01:20.00
200 Back	02:35.00	02:50.00
50 Breast	00:38.00	00:42.00
100 Breast	01:20.00	01:31.00
200 Breast	02:55.00	03:10.00
50 Fly	00:33.00	00:36.00
100 Fly	01:10.00	01:19.00
200 Fly	02.25.00	02:45.00
100 Ind. Medley	01:10.00	01:20.00
200 Ind. Medley	02:40.00	03:00.00
400 Ind. Medley	EQT	EQT

PARA SWIMMER ENTRANTS

Institution Administrators - Allocate para-swimmers under the 'non-guaranteed' category.

Para-swimmers are permitted to enter recognised para events for their classification as listed below (in line with events currently being swum in Great Britain for para-swimmers) and are required to meet the consideration times outlined below.



Eligible entrants in these events can, earn BUCS Points, BUCS Medals and Swimming Event Points, as part of multi-classification extracted results using British Para-Swimming Points, only when the minimum number of participants have competed, as per <u>BUCS Reg 6.1.2.1.7 and 6.2.2.4</u>.

If any para swimmer enters an event which their classification is not eligible for, they will be required to meet the consideration or qualifying times for non-para swimmers for that event.

Para Swimmer Open/Male Consideration Times

Event	S1	S2	\$3	S4	\$5	\$6	S7	\$8	S9	S10	S11	S12	S13	S14
50m Freestyle	02:24.08	01:35.54	01:09.58	01:04.64	52.54	48.94	45.58	43.62	41.86	38.05	43.22	38.50	38.06	40.64
July 10 costyle	02.12 1.100	01.00.01	01.07.00	9110 110 1	52.5	1017	10.00	10.02	11.00	00.00	10122	00.00	00.00	10.0
100m Freestyle	05:08.88	04:17.79	02:47.86	02:18.43	01:50.91	01:45.73	01:39.92	01:35.71	01:30.06	01:23.18	01:35.66	01:27.39	01:24.11	01:26.46
200m Freestyle	08:12.64	06:38.18	05:38.21	04:59.39	04:06.69									03:08.56
400m Freestyle						08:20.06	07:41.90	07:24.18	06:53.28	06:34.58	07:53.28	07:11.28	06:41.26	06:56.90
50m Backstroke	01:56.90	01:26.70	01:17.31	01:12.74	57.87									
100m Backstroke	04:01.10	03:07.09				02:07.49	01:56.50	01:49.87	01:43.57	01:34.88	01:56.67	01:38.34	01:37.33	01:38.78
50m Breaststroke	02:55.36	01:33.18	01:19.95											
100m Breaststroke				02:48.19	02:37.57	02:15.20	02:09.07	01:55.06	01:47.04		02:03.44	01:52.40	01:48.30	01:47.95
50m Butterfly		03:50.69	02:14.69	01:13.62	59.65	52.43	48.58							
100m Butterfly								01:40.24	01:37.22	01:29.38	01:44.70	01:32.75	01:33.71	01:32.58
200m Individual Medley					05:27.01	04:28.83	04:10.34	03:52.67	03:42.24	03:32.24	04:03.31	03:40.72	03:36.05	03:32.35

Para Swimmer Female Consideration Times

Event	S1	S2	\$3	S4	S 5	S6	S7	\$8	S9	S10	S11	S12	S13	S14
50m Freestyle	02:14.58	02:29.15	01:13.26	01:03.71	01:01.28	54.54	55.06	49.23	47.33	44.85	49.70	46.53	44.53	45.66
100m Freestyle	06:39.41	05:18.77	02:40.34	02:19.39	02:13.26	01:57.57	01:56.70	01:45.02	01:41.54	01:37.66	01:51.18	01:37.46	01:37.06	01:38.06
200m Freestyle	10:35.89	11:07.74	07:56.62	05:31.02	04:35.55									03:23.66



400m						08:43.15	08:33.92	07:59.22	07:38.93	07:18.99	08:49.44	07:41.92	07:31.66	07:45.50
Freestyle														
50m Backstroke	03:37.46	03:06.82	01:29.76	01:23.36	01:13.09									
100m Backstroke	07:10.90	04:27.55				02:16.48	02:15.15	02:04.64	01:55.23	01:51.01	02:10.16	01:56.27	01:50.88	01:47.81
50m Breaststroke	03:37.31	02:13.25	01:32.19											
100m Breaststroke				03:00.86	02:41.98	02:41.20	02:28.34	02:15.52	02:04.67		02:19.60	02:09.28	02:02.77	02:02.94
50m Butterfly		03:43.66	01:52.06	01:36.94	01:14.69	58.85	58.88							
100m Butterfly								02:02.82	01:50.99	01:48.51	02:14.67	01:48.70	01:45.28	01:44.75
200m Individual Medley					05:55.60	04:53.44	04:52.05	05:30.37	04:14.82	03:58.29	04:49.66	04:10.78	04:54.66	03:52.02

Para Swimmers must be Nationally/Internationally classified and have a CURRENT classified status. Eligibility is defined below:

- C (Confirmed) = Eligible
- FRD (Fixed Review Date) = Eligible for up to 12 months post date.
- R (Review) Needs to be Classified/ Seen next swim Ineligible for medal or BUCS Para Points but can enter and participate as a para swimmer.

Swimmers with any other classification status are ineligible and unable to swim as para athlete but can enter not as a para athlete providing they meet the consideration times required.

For more information on para swimmers' classification status, please visit: https://www.britishswimming.org/performance/para-swimming/classification/classification-status/

Specific Requirements:

- If you have any specific requirements for competing e.g. Strobe lights, use of 'tappers' etc. please advise <u>Joseph Gallimore</u> in advance of the event.
- Any swimmer requiring the use of tapping devices, blackened goggles or starting devices
 MUST have these signed off at the Technical Briefing for them to be used during the
 Championships.



In line with World Para Swimming Rules and Regulations (Regulation 5.1.2) any World Record swims will not be recognised at BUCS Short Course Swimming Championships.

S15 SWIMMERS

S15 swimmers are eligible to enter any event and earn BUCS medals and points as per <u>Appendix 1</u> but must meet the entry consideration and qualification times of non-para swimmers.

A secondary strobe light will be available for athletes with a hearing impairment.

ENTRY PROCESS

Individual Events:

To apply for the competition all eligible competitors must follow these steps:

- Competitor to apply to the event on BUCS Play (Instructions on how to do this can be found here)
- 2. Institution administrator approves entry (Instructions on how to do this can be found here)
- 3. BUCS approves/denies entry into competition and publishes confirmed entry list

Any data will be handled in accordance with **BUCS Privacy Policy**

By participating in this event you agree to adhere to **BUCS General Event Disclaimer**

To check whether you are eligible to compete in BUCS competitions, please visit <u>REG 4 Individual</u> <u>Eligibility</u>.

Relay Events:

To apply for this competition:

- Entries will need to be submitted via the team entries section of our online entry system,
 BUCS Play (Instructions on how to do this can be found here)
- 2. Please speak to your Institution Administrator as they will need to submit your entry.
- 3. Competitors then need to apply for their respective team. (Instructions on how to do this can be found here)



4. Institution Administrators must approve a competitor's application before their entry is confirmed. Institution Administrators are able to give team captains approval access to help with this process (Instructions on how to do this can be found here)

Any data will be handled in accordance with **BUCS Privacy Policy**

By participating in this event you agree to adhere to **BUCS General Event Disclaimer**

To check whether you are eligible to compete in BUCS competitions, please visit <u>REG 4 Individual</u> <u>Eligibility</u>.

No entries will be accepted after the entry closing deadline under any circumstances.

If a competitor experiences issues entering via the BUCS Play app before the deadline of 15 October 2024 this must be reported through <u>BUCS App Support</u>. Any issues that have not been brought to BUCS' attention before this deadline will not be considered for entry.

BUCS POINTS

BUCS Points will be awarded as per **Appendix 1** and **Reg 6** along with the following:

Only the top 2 swimmers from each institution or 1 team per institution for relay events will score points e.g. If three swimmers from the same institution finished 1st, 2nd and 3rd, only 1st and 2nd would receive BUCS Points and 3rd and 4th place points would be pushed down to the next eligible swimmer from a different institution.

ENTRY CHECKS

The entry lists will be published on the BUCS website by 5pm Friday 1 November 2024 for checking.

All entries **MUST** be checked, with errors you wish to be corrected being reported by 5pm Thursday 7 November 2024 your Athletic Union to the event lead.

Any changes to entry information are subject to a £10 admin fee.

No late entries under any circumstances can be accepted.

Any requests for changes made at the event will not be made.

WITHDRAWALS



After entries have closed no refunds will be given for withdrawals. This applies regardless of the reason for a withdrawal.

Withdrawals can be made as follows:

Pre Event by email for all events up until 12:00 Thursday 14 November 2024

Friday's Events – Deadline 12:00 Thursday 14th November 2024 (by email)
Saturday's Events – Deadline 12:00 Friday 15th November 2024 (at Helpdesk)
Sunday's Events – Deadline 12:00 Saturday 16th November 2024 (at Helpdesk)

There will be fines for withdrawals made after the date above or for failing to swim in heats or finals.

Details of these fines will be in the Event Guide

GOVERNING BODY REGISTRATIONS AND RANKINGS

Being registered with a governing body is **not** a requirement to compete in the BUCS Swimming Championships. However, registered swimmers of Swim England, Scottish Swimming or Swim Wales who wish for their times to be submitted for British Swimming ranking purposes must provide their governing body number when registering on BUCS Play, as well as checking that the name and date of birth matches that on your governing body registration.

For para-swimmers to be eligible for disability points and awards they must be nationally/internationally classified and have a current classification status (see para entrants tab for more information)

RULES AND REGULATIONS

The Rules and Regulations can be found here.

BUCS PLAY

- Swimming membership number (if you have one)
- Entry Time
 - Entry times MUST be submitted for all events. These should be Short Course times or conversions from Long Course times.
 - Please write the PB in number format HH:MM:SS.MS. For example: 00:02:21.59 represents 0 hours, 2 minutes, 21 seconds and 59 milliseconds). Any entries made putting 00:00:00.00 (or any other zero time format) will be rejected.



- Entries made with times that are not appropriate/in the correct format for the event will also be rejected. If you do not have an official time please submit a time trial time
 This includes relay entries.
- Are you a para swimmer? (drop down yes or no) If yes, you will be asked:
 - S classification
 - SB classification
 - o SM classification
 - o Exemption codes
 - URL proof e.g. link to your profile on NGB or WPS website to demonstrate your classification
 - o Classification Status (drop down Confirmed, Review, Fixed Review Date)

If you are having any problems with the BUCS Play app please contact <u>BUCS App Support</u> before the deadline. Any issues that have not been brought to BUCS' attention before this deadline will not be considered for entry.

EVENT GUIDE

This will be released two weeks prior to the competition date.

Due to the warm up restrictions the schedule & event timings will be published in the event guide. This will allow the exact timings to be set around the actual entries and for as many swimmers to participate as possible.

SAFEGUARDING

BUCS' mission is to provide exceptional student sporting experiences that inspire, develop and unite.

Critical to our success is our commitment to always providing safe, friendly and enjoyable environments for all participants. Whether competing, coaching, officiating, volunteering, working or spectating at these events, the welfare of all is critical to our mission.

To find out more or report a concern, please click <u>here</u>.

PHOTOGRAPHY & VIDEOGRAPHY

Anyone wishing to take photos or video at this event must complete the <u>BUCS Media Accreditation</u>

Form prior to the event

QUESTIONS

All questions should in the first instance should be directed to your Institution Administration.



MILK EVERY MOMENT

BUCS are proud to be supporting the Milk Every Moment campaign, highlighting the nutritional value of milk and how it can support students in their sporting performance.

Milk is an affordable source of high-quality protein, which contributes to the growth and maintenance of muscle mass. So why not make one of our <u>milk-based recipes</u> to enjoy before or after your upcoming event.

Share your milk drinks or meals on Instagram by tagging @BUCSSport.

Throughout the BUCS season we'll be sharing some of your best moments on our Instagram channel! Share and tag #MilkEveryMomentoftheweek to be a part of it.